## Special Anti-Bullying Seminar to be Held by Randolph Martial Arts School

**Randolph, NJ-** On September 6<sup>th</sup>, 2014, as part of its grand opening, the Randolph Martial Arts Academy will hold a special anti-bullying seminar which will focus on the risk factors of children who are more likely to get bullied as well as those more likely to become bullies, and on the things children and their parents can do to help prevent it.

According to the U.S. Dept. of Health in 2011, one in every three students becomes a victim of bullying at some point during their school years. "We will be addressing specific things that both children and their parents can do to help prevent and keep them from becoming victims of bullying." stated Daniel Hopler, Head Instructor of the Randolph Martial Arts Academy.

Mr. Hopler will be presenting this seminar with his teacher, one of the directors of his martial arts association, American Budo Kai. Mr. Hopler has 22 years of experience teaching children, and his teacher has over 40 years of experience teaching children. Both Mr. Hopler and his teacher have worked with children who have been victims of bullying in the past, and they have extensive experience in selfdefense and anti-bullying techniques.

This seminar will be held at the Randolph Martial Arts Academy, located at 16-18 Old Brookside Road in Randolph, N.J. during the school's grand opening which will be held Saturday, September  $6^{th}$ , 2014 from 1 – 4PM. The grand opening will also feature free trial lessons, demonstrations, and free refreshments.

For more information, please contact Mr. Hopler at 973-933-2383 or by email at info@randolphnjmartialarts.com.